

**Learning event:** Barclays: Health Promotion Skills Training  
**Target Group:** THT & sessional staff, volunteers, community leaders, professionals working with the African community who do not have relevant qualifications.  
**Time:** 10:30 to 16:30

**Aim:** Provide participants with information which will increase knowledge and further understanding of working in the sector.

### **Part one: Objectives: Health promotion skills training (4)**

- To improve HIV prevention and health promotion skills and practice amongst health workers who provide sexual health services to African communities.
- To increase the capacity of African health promotion workers in the sector.
- To encourage community discussion about the various social and cultural factors that influence the vulnerability of African people to sexually transmitted infections.
- To promote awareness of the various sexual health services and/or initiatives available to African communities in England, Scotland and Wales.
- To establish a support network among local professional and non-professional health promoters which will continue beyond the lifetime of this project and help in future engagement with the African Community.

### **Part two: Objectives: OCN Module – (Two days – optional)**

- Discuss the importance of training to the African Community
- Realise the importance of accreditation
- Understand how to adapt, create and plan for Sexual Health training sessions
- Deliver Sexual Health training sessions
- Know how to evaluate Sexual Health training sessions
- Understand the impact of different learning styles
- Understand how to deal with prejudice and discrimination when training in sexual health

### **Part three: Deliver a workshop within your community within**

**Facilitator:** Marcy Madzikanda: Health Improvement Specialist: African Communities  
**Where possible, year one participants**

**Learning methods:** Group work, interactive, lecture, discussion, action planning

|   | <b>AM</b>  | <b>PM</b>   |
|---|--|---|
| <b>18 October 2012</b><br>10:00<br><br>1:00     | Welcome: introduction: Setting ground rules<br>Course Outline<br>Objectives of the training<br>Outline of DSHT<br>Pre-evaluation & monitoring<br>Lunch | Basic HIV Awareness<br><br>Introduce the KWP<br><br>Wrap up & close |
| <b>19 October 2012</b><br>10 – 4:30<br><br>1:00 | Prevention needs of the African community<br><br>Lunch   | Workshop  |
| <b>24 October 2012</b><br>10 – 4:30             | Epidemiology of HIV in the UK<br><br>Lunch   | Workshop  |
| <b>25 October 2012</b><br>10 – 4:30             | Stigma & Discrimination  | Workshop  |
| <b>31 October 2012</b><br>10 – 4:30             | Developing the Sexual Health Trainer OCN Accredited Module   | Taught module all day with group exercises                          |
| <b>1 November 2012</b><br>10 – 4:30             | Developing the Sexual Health Trainer OCN Accredited Module   | Presentations & peer review all day                                 |

- **Suggested topics & order may change ahead of delivery.**
- **OCN Assignment deadline – 29 November 2012**
- **Workshop delivery at least a month after assignment submission, or earlier. Support will be provided.**
- **Please email your details, indicating you are interested in attending the course.**

**Expression of interest in attending African Health Promotion Training course during September and October 2012 in Manchester**

**Name:**

**Address:**

**Email:**

**Phone:**

**I am interested in attending this course- please contact me with further details**  
I consent for Terrence Higgins Trust to collect, hold and share information about me in order to offer me training opportunities. I confirm the training will be delivered over 6 – 8 days and I am committed to attend all training days.

**Signed:**

**Date:**